



« UPDOWN: The new generation of Footrest. »

HEALTH BENEFITS

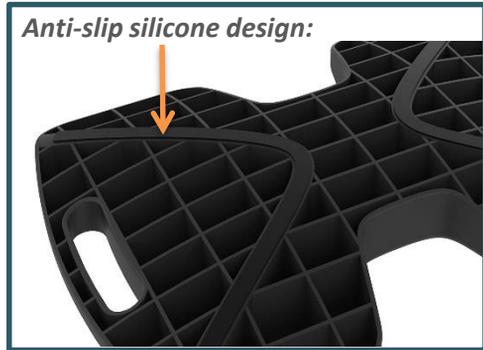
Intuitive and ergonomic long periods of time, our bodies begin to hurt. To counteract the effects of sedentary it is recommended that office workers alternate sit-stand positions, while working, adopt the UPDOWN, the first seat-standing foot rest. It is simple to use and almost everywhere / simply place it under your feet-that's it!

In the sitting position, the free tilting of the footrest from the front to the rear allows the angles of articulations of the lower limbs to be in a comfort position, relaxes the entire lower part of the body while ensuring optimal blood circulation. In the upright position, the UPDOWN has been specially designed to help you stand upright and take a healthy posture in a fully automatic and natural way. Each slight movement of your feet is accompanied by this foot rest. The muscles participate and re-balance your body. Each of these movements increases your muscle tone, reduces muscle tension and increases your circulatory function.

Put yourself there and you'll just feel better with UPDOWN.

BE MORE ACTIVE AND HEALTHIER

Made in France



DIMENSIONS



*Recommended to use it with the Height adjustable desk
ERGO DESK*

TECHNICAL FEATURES

Materials

ABS

Silicon mat

SAP no.	Colors	Dimensions	Warranty	Net weight	EAN code
400093615	Black	190mmx150mmx50mm	10 year	0,75kg	3595560012794